

OVERALL RESULTS
 40TH ANNUAL CAPE COD ROAD RUNNERS WINTER FUN RUN
 4.9 MILES

Weary Travelers Club, Monument Beach, MA -- Sunday, January 5, 2020 at 10:30 am
 Timing and Scoring by Falmouth Track Club
 Send corrections to racetiming@falmouthtrackclub.org

Place	Div/Tot	Div	No.	Name	Ag	S	City, State	Time	Pace
=====	=====	=====	=====	=====	==	=	=====	=====	=====
1	1/17	M4049	284	Seamus Woods	42	M	Brewster, MA	29:46.1	6:05
2	2/17	M4049	308	Mike Merrill	40	M	Centerville, MA	30:33.4	6:15
3	3/17	M4049	353	Chris Langlais	40	M	N. Falmouth, MA	30:39.2	6:16
4	1/23	M5059	234	Steve Faluotico	51	M	Falmouth, MA	30:48.3	6:18
5	4/17	M4049	322	Chris Crema	44	M	Brewster, MA	31:01.4	6:20
6	5/17	M4049	258	Josh Lyon	45	M	S. Yarmouth, MA	31:10.6	6:22
7	6/17	M4049	190	Michael Norton	49	M	E. Falmouth, MA	31:14.8	6:23
8	2/23	M5059	289	Chris Novak	57	M	Eastham, MA	31:48.3	6:30
9	7/17	M4049	229	David Stanton	43	M	E. Falmouth, MA	31:50.6	6:30
10			281	Peter Byland			Brewster, MA	31:53.7	6:31
11	3/23	M5059	266	Geof Newton	52	M	Chatham, MA	31:59.8	6:32
12	4/23	M5059	270	Dan Somes	51	M	Centerville, MA	32:22.9	6:37
13	1/3	M0119	290	Jeremy Bullock	13	M	Marstons Mills, MA	32:45.0	6:42
14	1/24	F4049	262	Michele Kjoller	46	F	Osterville, MA	32:57.1	6:44
15	1/43	F5059	243	Mary Cass	58	F	Westport, MA	33:08.6	6:46
16	8/17	M4049	245	Michael Irving	49	M	N. Falmouth, MA	33:21.8	6:49
17	9/17	M4049	283	Scott Brown	48	M	E. Falmouth, MA	33:44.7	6:54
18	2/24	F4049	208	Jackie Francisco	49	F	Westport, MA	34:26.3	7:02
19	1/3	F0119	291	Ava Bullock	12	F	Marstons Mills, MA	34:34.2	7:04
20	5/23	M5059	202	Tom Corrigan	50	M	Natick, MA	34:39.0	7:05
21	2/3	M0119	260	Jacob Silva	12	M	Coventry, RI	34:42.3	7:05
22	1/34	M6069	335	Tom Cugno	68	M	Dennisport, MA	34:44.7	7:06
23	1/3	M2029	199	Cameron Vendetti	21	M	Mashpee, M	34:52.2	7:07
24	6/23	M5059	286	Franco Bonfini	55	M	Eastham, MA	35:32.7	7:16
25	7/23	M5059	215	Steve Houde	54	M	Medway, MA	35:39.6	7:17
26	2/43	F5059	214	Mary McNulty	57	F	Medway, MA	35:41.7	7:18
27	10/17	M4049	201	Chris McEvoy	46	M	N. Attleboro, MA	35:56.3	7:21
28	11/17	M4049	261	Marshall Lovelette	41	M	Osterville, MA	36:00.9	7:21
29	12/17	M4049	239	Michael Falcone	43	M	Mashpee, MA	36:23.2	7:26
30	3/43	F5059	312	Katie McCully	54	F	Eastham, MA	36:33.2	7:28

31	1/2	F2029	195 Meghan Slinsky	22 F Attleboro, MA	36:36.2	7:29
32	4/43	F5059	339 Kushn Bennett	52 F Cambridge, MA	36:46.8	7:31
33	2/34	M6069	338 Dave Crawford	62 M Harwich, MA	36:50.5	7:32
34	1/4	M3039	211 Denis McElligott	34 M Boston, MA	37:12.3	7:36
35	2/4	M3039	334 Ryan Hart	39 M Dedham, MA	37:14.3	7:36
36	13/17	M4049	242 Ray Stanton	46 M Sandwich, MA	37:15.8	7:37
37	3/34	M6069	209 P.J. Costa	63 M New Bedford, MA	37:24.0	7:38
38	4/34	M6069	219 Dwight Pfundstein	63 M Mashpee, MA	37:32.9	7:40
39	14/17	M4049	253 Matthew Rameaka	46 M Walpole, MA	37:43.6	7:42
40	1/18	F6069	230 Kayleen Rosato	60 F S. Orleans, MA	37:47.9	7:43
41	2/18	F6069	274 Susan Spencer	60 F Whitinsville, MA	38:18.5	7:50
42	5/34	M6069	251 Richard Houston	63 M Harwich, MA	38:26.5	7:51
43	8/23	M5059	173 Mike Proto	59 M Bristol, RI	38:28.7	7:52
44	5/43	F5059	272 Robin ODimnell	54 F N. Falmouth, MA	38:33.0	7:53
45	1/8	F3039	298 Emily Viprino	30 F Orleans, MA	38:34.9	7:53
46	3/24	F4049	317 Dawn Varnum	49 F Brewster, MA	38:42.1	7:54
47	6/43	F5059	285 Annette Hood	52 F Sandwich, MA	38:46.4	7:55
48	3/18	F6069	206 Jean Vieira	66 F Middleboro, MA	38:57.8	7:58
49	6/34	M6069	271 Tim Grace	63 M Marstons Mills, MA	39:32.3	8:05
50	9/23	M5059	362 Frank Waldron	56 M E. Walpole, MA	39:35.9	8:05
51	2/3	M2029	305 Andrew Goydas	22 M Sandwich, MA	39:40.3	8:06
52	4/24	F4049	332 Jen Segersen	44 F Harwich, MA	39:41.6	8:07
53	7/34	M6069	254 John Martin	68 M Hyannis, MA	39:53.6	8:09
54	15/17	M4049	299 Phil Brown	41 M Canton, MA	40:07.3	8:12
55	1/10	M7099	246 Paul McCadam	70 M E. Falmouth, MA	40:19.9	8:14
56	4/18	F6069	220 Kathleen Thomas	62 F Mashpee, MA	40:29.9	8:16
57	10/23	M5059	267 Thomas Connely	56 M Norwood, MA	40:39.0	8:18
58	2/3	F0119	224 Caroline Davock	19 F West Harwich, MA	40:42.2	8:19
59	3/4	M3039	222 Matthew Wood	37 M Cambridge, MA	40:50.8	8:21
60	7/43	F5059	263 Tina Gaughran	56 F Dedham, MA	41:13.3	8:25
61	11/23	M5059	171 Tom Tierney	51 M Hyde Park, MA	41:15.2	8:26
62	8/34	M6069	170 Paul Allen	69 M Dedham, MA	41:20.6	8:27
63	9/34	M6069	264 Bob McColgan	63 M Dedham, MA	41:32.9	8:29
64	8/43	F5059	244 Nelly Lyons	58 F Hyannis, MA	41:35.4	8:30
65	5/24	F4049	324 Maria Yarnall	49 F Pocasset, MA	41:40.1	8:31
66	16/17	M4049	186 Lucien St Cyr	42 M S. Dennis, MA	41:43.9	8:31
67	6/24	F4049	297 Christine Booth	48 F Quincy, MA	41:54.5	8:34
68	9/43	F5059	193 Joanne Jack	52 F Wareham, MA	41:56.9	8:34
69	12/23	M5059	325 Stephen Furrer	53 M Mashpee, MA	42:07.3	8:36

70	10/43	F5059	227 Daborah Damato	52 F Walpole, MA	42:11.3	8:37
71	10/34	M6069	237 Tom Cahir	67 M Bourne, MA	42:14.3	8:38
72	3/3	F0119	259 Emma Silva	10 F Coventry, RI	42:23.3	8:40
73	13/23	M5059	256 Thomas Redznak	57 M Mansfield, MA	42:29.0	8:41
74	2/8	F3039	360 Crystal Nolan	31 F Eastham, MA	42:31.8	8:41
75	11/43	F5059	330 Beth Bovacci	50 F W. Chatham, MA	42:37.7	8:42
76	14/23	M5059	250 Peter Wattles	58 M Walpole, MA	42:42.1	8:43
77	12/43	F5059	205 Wendy Carroll	55 F Falmouth, MA	42:50.8	8:45
78	15/23	M5059	233 Joe Rooney	58 M Plymouth, MA	42:52.7	8:46
79	3/3	M0119	225 Andrew Davock	17 M West Harwich, MA	42:54.5	8:46
80	11/34	M6069	316 Andy Scherding	63 M Orleans, MA	43:18.0	8:51
81	13/43	F5059	323 Gwyn Brudell	51 F Portsmouth, MA	43:21.5	8:51
82	17/17	M4049	293 Kevin Cullen	43 M Dedham, MA	43:29.1	8:53
83	14/43	F5059	275 Barbara Sutherby	52 F Foxboro, MA	43:39.5	8:55
84	5/18	F6069	277 Kit Boucher	65 F Eastham, MA	43:58.5	8:59
85	3/3	M2029	328 Stephen Romano	27 M S. Yarmouth, MA	44:05.3	9:00
86	3/8	F3039	358 Meredith Morris	32 F Quincy, MA	44:12.6	9:02
87	6/18	F6069	178 Marjore O'Malley	65 F Charlestown, MA	44:15.4	9:02
88	7/24	F4049	354 Rebecca Santos	42 F Walpole, MA	44:18.2	9:03
89	15/43	F5059	340 Paul DiAngelis	53 F Harwich, MA	44:25.0	9:04
90	16/23	M5059	204 Sean O'Brien	57 M Quincy, MA	44:34.0	9:06
91	16/43	F5059	294 Julia Christopher	54 F Harwichport, MA	44:36.9	9:07
92	4/4	M3039	326 Matt Favazza	34 M Brookline, MA	44:38.8	9:07
93	17/43	F5059	366 Diane Weidman	55 F Eastham, MA	44:44.3	9:08
94	2/10	M7099	296 John Curran	70 M Norfolk, MA	44:53.2	9:10
95	3/10	M7099	192 Richard Paulsen	76 M Woburn, MA	45:03.2	9:12
96	18/43	F5059	236 Lorena Pisano	59 F Dedham, MA	45:06.6	9:13
97	19/43	F5059	329 Lisa Schlaver	52 F Abington, MA	45:14.1	9:14
98	20/43	F5059	174 Kelly Hartmann	58 F Chestnut Hill, MA	45:15.1	9:15
99	12/34	M6069	288 Rich Ghiorse	64 M Weymouth, MA	45:19.0	9:15
100	13/34	M6069	314 Bruce Stello	67 M Dennisport, MA	45:22.8	9:16
101	14/34	M6069	212 Jack Afarian	67 M N. Falmouth, MA	45:29.8	9:18
102	21/43	F5059	255 Alice Redznak	57 F Mansfield, MA	45:36.4	9:19
103	15/34	M6069	216 Paul Hartel	69 M Falmouth, MA	45:46.4	9:21
104	16/34	M6069	349 Dan Briand	63 M Bourne, MA	45:48.9	9:21
105	8/24	F4049	273 Amy Dunn	46 F Pocasset, MA	45:51.7	9:22
106	22/43	F5059	327 Alicia Furrer	53 F Mashpee, MA	45:53.1	9:22
107	17/34	M6069	180 Nick Renzulli	60 M Needham, MA	45:57.0	9:23
108	9/24	F4049	331 Stephanie Goley	45 F S. Chatham, MA	45:58.8	9:23

109	2/2	F2029	197 Morgan Edwards	27 F Somerville, MA	46:03.1	9:24
110	23/43	F5059	311 Celina Furtado	50 F Hyannis, MA	46:05.7	9:25
111	24/43	F5059	252 Stacy Cook	54 F Fairhaven, MA	46:07.3	9:25
112	10/24	F4049	295 Megan Sabatinelli	43 F Osterville, MA	46:08.4	9:25
113	11/24	F4049	185 Lynn St Cyr	42 F S. Dennis, MA	46:09.7	9:26
114	25/43	F5059	343 Mary Duchesney	53 F W. Barnstable, MA	46:17.3	9:27
115	18/34	M6069	336 John Banner	65 M E. Falmouth, MA	46:25.0	9:29
116	26/43	F5059	348 Jenn Kogut	55 F W. Chatham, MA	46:39.2	9:32
117	12/24	F4049	333 Jenn Jennings	49 F Brewster, MA	46:51.5	9:34
118	19/34	M6069	320 Jackson Gillman	65 M Onset, MA	47:27.7	9:42
119	17/23	M5059	182 Jeff Kelleher	54 M Dedham, MA	47:37.1	9:44
120	27/43	F5059	361 Jane Hildebrandt	52 F Yarmouthport, MA	47:47.1	9:46
121	28/43	F5059	191 Kelli Orava	50 F Sagamore Beach, MA	47:51.5	9:46
122	20/34	M6069	235 John Dooley	62 M Marstons Mills, MA	47:54.4	9:47
123	29/43	F5059	221 Dawn Macleod-Kulig	55 F N. Quincy, MA	48:18.0	9:52
124	4/8	F3039	223 Malissa Wood	34 F Cambridge, MA	49:03.0	10:01
125	13/24	F4049	363 Maggie Kuriakose	45 F Sharon, MA	49:09.6	10:02
126	21/34	M6069	231 Dan Gorman	65 M Plymouth, MA	49:29.0	10:06
127	22/34	M6069	364 Jack Shields	64 M Eastham, MA	49:46.1	10:10
128	1/2	F7099	357 Joanne Morris	70 F Quincy, MA	50:09.9	10:15
129	23/34	M6069	300 Steven Xiarhos	61 M W. Barnstable, MA	51:29.7	10:31
130	24/34	M6069	189 Michael Butler	66 M Dedham, MA	52:04.9	10:38
131	25/34	M6069	247 Kevin Purcell	66 M Dedham, MA	52:14.2	10:40
132	26/34	M6069	241 Jim McLaughlin	65 M Sandwich, MA	52:22.6	10:42
133	14/24	F4049	359 Ashley Stancil	46 F Yarmouth Port, MA	52:33.1	10:44
134	18/23	M5059	313 Paul] Ingersoll	54 M Dedham, MA	52:51.7	10:48
135	7/18	F6069	280 Marianne Withington	64 F Plymouth, MA	53:22.7	10:54
136	5/8	F3039	207 Rachel Metcalf	34 F Weymouth, MA	53:40.7	10:58
137	4/10	M7099	321 Don Clukes	77 M Portsmouth, RI	53:48.9	10:59
138	30/43	F5059	181 Tracy Smith	50 F Hyde Park, MA	54:22.4	11:06
139	8/18	F6069	309 Nora Shanahan	60 F Braintree, MA	54:42.9	11:10
140	27/34	M6069	302 Claudio Sierra	63 M Dedham, MA	55:08.6	11:16
141	31/43	F5059	352 Rosie Sariol	52 F Mansfield, MA	55:23.6	11:19
142	15/24	F4049	175 Margaret Song	40 F Pocasset, MA	55:28.8	11:20
143	9/18	F6069	350 Julie Deschenes	60 F Quincy, MA	55:30.1	11:20
144	32/43	F5059	257 Cheri Karras	54 F Yarmouth Port, MA	55:34.7	11:21
145	33/43	F5059	310 Jean Guglieni	59 F Braintree, MA	55:41.5	11:22
146	19/23	M5059	303 Lou Falcone	51 M Roslindale, MA	56:41.5	11:35
147	16/24	F4049	265 Sue Richard	49 F Norwood, MA	56:58.8	11:38

148	10/18	F6069	346 Denise Hart	60 F Dedham, MA	57:15.7	11:42
149	34/43	F5059	347 Laurel Almquist	57 F Mashpee, MA	57:16.9	11:42
150	28/34	M6069	248 Robert Blick	69 M Buzzards Bay, MA	57:59.3	11:51
151	35/43	F5059	210 Patrice Field	57 F Hampstead, NH	58:15.3	11:54
152	20/23	M5059	249 Steven MacFarland	56 M Norwood, MA	58:58.9	12:03
153	36/43	F5059	287 Anne Francis	54 F Dedham, MA	59:06.1	12:04
154	17/24	F4049	355 Michele McCullough	49 F Walpole, MA	59:20.8	12:07
155	11/18	F6069	183 Deborah Knight	62 F Worcester, MA	59:22.6	12:08
156	2/2	F7099	172 Mary Morris	71 F Walpole, MA	59:40.2	12:11
157	37/43	F5059	315 Tresa Casaletto	58 F Medford, MA	60:25.7	12:20
158	5/10	M7099	194 George Henry	70 M Chatham, MA	60:31.4	12:22
159	21/23	M5059	218 Robert Binns	59 M Sharon, MA	60:47.1	12:25
160	18/24	F4049	200 Stacey Vendetti	46 F Brewster, MA	60:48.8	12:25
161	22/23	M5059	203 John Edwards	53 M Marstons Mills, MA	60:52.3	12:26
162	38/43	F5059	341 Marjorie Pitts	54 F Harwich, MA	60:53.2	12:26
163	19/24	F4049	268 Tracy Long	47 F Dennis Port, MA	60:54.3	12:26
164	20/24	F4049	269 Chris Somes	49 F Centerville, MA	61:22.8	12:32
165	21/24	F4049	292 Jamie Cullen	43 F Dedham, MA	61:36.4	12:35
166	29/34	M6069	276 Jerry Boucher	66 M Eastham, MA	61:41.9	12:36
167	30/34	M6069	319 Jac Augat	60 M Eastham, MA	62:04.4	12:41
168	12/18	F6069	318 Carol Augat	61 F Eastham, MA	62:05.8	12:41
169	6/8	F3039	344 Lara Marks	32 F Los Angeles, CA	62:17.7	12:43
170	7/8	F3039	337 Nicole Hart	38 F Dedham, MA	62:22.3	12:44
171	23/23	M5059	342 John Duchesney	54 M W. Barnstable, MA	64:32.1	13:11
172	6/10	M7099	345 Bill Masterson	81 M Centerville, MA	66:15.0	13:32
173	31/34	M6069	184 Jonathan Knight	63 M Worcester, MA	67:26.6	13:46
174	7/10	M7099	179 Bill Dalrymple	72 M Hyannis, MA	67:32.9	13:48
175	13/18	F6069	301 Elena Sierera	61 F Dedham, MA	67:40.5	13:49
176	32/34	M6069	279 Edward Dowling	63 M Plymouth, MA	67:42.9	13:50
177	8/10	M7099	213 Peter Buhl	79 M Attleboro, MA	68:04.5	13:54
178	33/34	M6069	307 Dan Fitzpatrick	63 M Plymouth, MA	68:27.8	13:59
179	14/18	F6069	278 Elaine Wallace	67 F Plymouth, MA	70:12.9	14:20
180	15/18	F6069	365 Nancy Samya	62 F Norwood, MA	70:13.9	14:20
181	9/10	M7099	282 Steve O'Neil	71 M Plymouth, MA	70:37.5	14:25
182	39/43	F5059	306 Linda Fitzpatarick	57 F Plymouth, MA	71:39.1	14:38
183	10/10	M7099	176 Larry Cole	86 M Harwich, MA	72:52.8	14:53
184	22/24	F4049	304 Carol Bender	48 F Roslindale, MA	72:58.1	14:54
185	40/43	F5059	240 Tracy McLaughlin	51 F Sandwich, MA	72:58.5	14:54
186	34/34	M6069	228 Chris Adams	60 M Marion, MA	77:24.8	15:48

187	23/24	F4049	351 Kimberly Harris	41 F Brewster, MA	77:27.5 15:49
188	16/18	F6069	238 Joanne Corsano	65 F Pocasset, MA	82:44.0 16:54
189	24/24	F4049	226 Stephanie Landolphi	49 F Westwood, MA	82:47.4 16:54
190	41/43	F5059	232 Tina Reilly	54 F Walpole, MA	82:48.1 16:54
191	42/43	F5059	187 Kaaren Mansen	54 F Walpole, MA	82:48.4 16:54
192	17/18	F6069	196 Kathie Henry	67 F Chatham, MA	82:55.1 16:56
193	8/8	F3039	198 Annie Henry	33 F Watertown, MA	82:55.1 16:56
194	43/43	F5059	217 Kara McGuffigan	55 F Quincy, MA	85:35.7 17:29
195	18/18	F6069	356 Meg Fleming	60 F W. Barnstable, MA	85:49.0 17:31